

# Enneagram Part II

## Approaching Shadow and Grace

with Jennifer Manlowe

**Saturday  
June 29**

**10:00 am - 12:00 pm**

### Location:

Suquamish UCC Church  
18732 Division Ave NE  
Suquamish, WA 98392

### Cost:

\$20 by May 1  
\$25 thereafter  
or at the door  
*(No one will be turned away  
for lack of funds)*

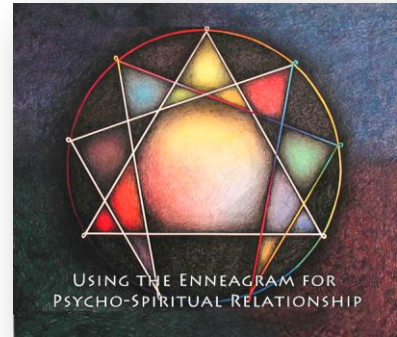
The Enneagram is a tool used to support the work of spiritual transformation by combining ancient wisdom with modern psychology. Firmly based on the belief that we have gifts that are necessary parts of the whole, Enneagram is simply one tool that can assist us in returning to the person we are at the core.

In this Enneagram workshop we look at the nine Enneatypes in relation to Shadow and Grace — healing and compassion. In simple language, we'll start to reveal a portrait of each type's central dilemma and explore specific practices that open our eyes to our fundamental qualities.

These explorations offer attendees a profound method for bridging the gap — the illusion — between light and dark.

**NOTE:** It is *not* necessary for you to have taken the Part I class. But, in order to make the most of your time, please take the online profile and bring your results to class.

[http://www.enneagraminstitute.com/Tests\\_Battery.asp#FullLengthTests](http://www.enneagraminstitute.com/Tests_Battery.asp#FullLengthTests)



**Enneagram** is a Greek word – *ennea* (meaning "nine") and *gram* (meaning something written or drawn) – and refers to the nine points, nine basic personality types.

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Sound Spirit is to  
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### Jennifer Manlowe, PhD, MDiv,

is an author, spiritual director and writing mentor.

She has been a professor of psychology, religion, and philosophy since 1993.

Her published titles include *Faith Born of Seduction*, *Polishing the Mirror*, *Cracking Up*, and *Loving Life As It Is: One Breath At A Time*.

A Certified Publishing Coach (CPC), Voice Dialogue and Enneagram Facilitator, she helps people bring out their authentic voice through writing and publishing.



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